

# Belgium



## **Claudia Iseler, near Aachen**

Hello! I am Claudia Iseler, 61 years old, 3 adult children, 7 grandchildren, living in Belgium close to the border to Germany (10 km from Aachen), former feminist activist and psycho-therapist for emotionally and sexually abused women, inner-peace activist, true-mindfulness teacher, spiritual psychotherapist, integral coach, trainer.

My gift is to create spaces, where the divine of each person can live. These are spaces of deep mindfulness, where people feel deeply connected to themselves and to others. Building communities and leading groups in such spaces and building co-creative core groups are my passions, which make me deeply happy to be alive.